



PRIMARY ASSESSMENT

seven steps to save a life

D

DANGER

Check for danger - ensure everyone is safe

R

RESPONSE

Check for response - ask name, squeeze shoulders

S

SEND for help

Send for help - **call 111** for an ambulance, or get a bystander to make the call

A

AIRWAY

Open mouth - look for foreign material and maintain the airway

B

BREATHING

Check for breathing - look, listen, feel

C

CPR

Start CPR
30 compressions : 2 breaths

D

DEFIBRILLATION

Apply Defibrillator (AED) as soon as available
Follow the voice prompts

0800 FACT CO